

# 2023 IAMAdoptee Therapeutic and Wellness Subsidy for Intercountry Adoptees

## Project Overview:

This wellness subsidy program enables intercountry adoptees to access therapy, counseling, and wellness services that can be critical in their journey toward healing. Our goal is to empower intercountry adoptees by providing the resources, support, and community connections they need to navigate their unique journeys.

### Program Objectives

- Provide accessible support
- Foster emotional resilience
- Encourage community & connection
- Enhance access to culturally competent care
- Reduce financial barriers to care
- Strengthen family and peer support networks
- Measure impact and improve services

### Areas of Support

- Adoptee-centric therapy costs
- Conference attendance
- Adoptee-focused support groups
- Self-exploration and creative therapies
- Name change and citizenship process
- Holistic and physiological health support
- Career coaching and support
- Therapeutic tools for personal growth
- Financial aid for single parent adoptees

### Applicant Countries of Origin

- China
- Colombia
- Dominican Republic
- Guatemala
- India
- Korea
- Russia
- South Africa
- Uganda
- Vietnam
- Zambia

Applications  
Submitted

40

Awards  
Granted

19

### About Our Team

IAMAdoptee is driven by a passionate team of intercountry adoptee therapists, leaders, and wellness practitioners.

We believe in providing thoughtful, meaningful support tailored to the unique experiences of intercountry adoptees.

### Connect with Us

For questions, comments, and collaboration inquiries, contact:

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