

2022 IAMA adoptee Therapeutic and Wellness Subsidy for Intercountry Adoptees

Project Overview:

This wellness subsidy program enables intercountry adoptees to access therapy, counseling, and wellness services that can be critical in their journey toward healing. Our goal is to empower intercountry adoptees by providing the resources, support, and community connections they need to navigate their unique journeys.

Program Objectives

- Provide accessible support
- Foster emotional resilience
- Encourage community & connection
- Enhance access to culturally competent care
- Reduce financial barriers to care
- Strengthen family & peer support networks
- Measure impact & improve services

Areas of Support

- U.S. name-change process
- Country of origin citizenship applications
- Birth family search:
 - DNA testing and paid platforms
 - Travel for reunions
- Multiple therapy sessions:
 - Adoption-competent, EMDR, IFS, Somatic Therapy, OCD therapy
- Identity-affirming graduate programs
- Career counseling & professional development
- Creative therapy & wellness retreats
- Adoption-focused conferences

Applicant Countries of Origin

- China
- Colombia
- El Salvador
- Ethiopia
- Guatemala
- India
- Korea
- Vietnam

Applications Submitted

36

Awards Granted

19

Connect with Us

For questions, comments, and collaboration inquiries, contact:

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