

# 2024 IAMA adoptee Therapeutic and Wellness Subsidy for Intercountry Adoptees

## Project Overview:

This wellness subsidy program enables intercountry adoptees to access therapy, counseling, and wellness services that can be critical in their journey toward healing. Our goal is to empower intercountry adoptees by providing the resources, support, and community connections they need to navigate their unique journeys.

### Program Objectives

- Provide accessible support
- Foster emotional resilience
- Encourage community & connection
- Enhance access to culturally competent care
- Reduce financial barriers to care
- Strengthen family and peer support networks
- Measure impact and improve services

### Applicant Countries of Origin

- Brazil
- Cambodia
- China
- Colombia
- El Salvador
- Guatemala
- India/Bangladesh
- Korea
- Romania
- Russia

Applications  
Submitted

50

Awards  
Granted

36


### Areas of Support


- The U.S. name-change process
- Country of origin citizenship applications
- Birth search process & trips
- Engagement in art/music/creative therapy
- Attendance at adoptee-centric conferences
- Access to:
  - multiple sessions with a therapist or clinician
  - alternative therapies (EMDR, Katonah Yoga, memory work, energy work, brain spotting, internal family systems, somatic counseling)
  - resources for adoptees entering parenthood
  - identity-affirming academia & graduate programs
  - language courses

### Connect with Us

For questions, comments, and collaboration inquiries, contact:

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